



C.O.P.E.

Counseling Options and Parent Education

We Listen.

We Care.

We Act.

Family
Support
Center

FREE CLINICAL MENTAL HEALTH RE-ENTRY SERVICES

THE ROAD TO RECOVERY

Eligible Men and Women: Formerly incarcerated adults from the County Detention facilities in Richmond and Martinez with a history of trauma.

FREE 20-sessions of Evidence-Based Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)-based treatment for PTSD, anxiety, depression

For more information, contact:
Program Manager, Yanta at
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